



# ONE HOPE

A spiritual response  
to isolation & loneliness

## CONNECTION COMMUNITY CHRIST

*There is one body and one Spirit, just as you were called in **one hope** of your calling; one Lord, one faith, one baptism; one God and Father of all, who is above all, and through all, and in you all.*

– Ephesians 4:4-6

***God sees you. God loves you.  
God wants a relationship with you.***

**"I don't matter to anyone anymore."**

**"For a long time I felt lonely. Now I just feel numb."**

**"The only person I regularly talk to is the person who brings meals on wheels."**

**"I'm just existing. I don't feel I have a purpose anymore."**

**NCBAM can help your church** to plan, implement, and maintain its own **One Hope** ministry to those suffering in your community. **NCBAM's One Hope** workshop includes:

- An overview of social isolation and loneliness
- Methods for identifying those most at risk
- Training "communicators" and "encouragers"
- Tips, tools, and resources for incorporating prayer, evangelism, and discipleship
- Evidence-based health coach techniques that are client focused and results driven
- When and how to refer other needs
- Developing community-based solutions

Call **877.506.2226** to schedule a **One Hope** workshop for your church.

**The NCBAM Hope Line  
866.578.4673**

The Hope Line receives calls **Monday through Friday, 9am-9pm.** Trained volunteers and staff respond with a friendly voice, a compassionate ear, and missional hearts to pray with and for people.

**"We weren't made to be alone. God wired us for connection—to Himself and to others. A spiritual response to the isolation and loneliness epidemic is the answer because it provides the connection we were all made to have."**


*– Dr. Sandy C. Gregory, Director, NCBAM*

### **Mission**

To offer the ***One Hope of the Father, who is above all, and through all, and in all*** to those experiencing social isolation and loneliness. To **connect** the lonely with **community**, and ultimately, with **Christ**.

### **Vision**

A world in which frail older adults are ***not isolated or lonely***; where elders are **connected**, valued in their **communities**, and have a relationship with **Christ**.



## One Hope Advisors

**Whitney Brooks, NBC-HWC,**  
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**North Carolina Baptist Aging Ministry**

**877.506.2226 • [ncbam.org](http://ncbam.org)**

A ministry of Baptist Children's Homes of North Carolina