



The heart of the matter is that

1 in 7 aging adults in North Carolina is threatened by hunger.

You can help.

Serving Hope, an initiative of North Carolina Baptist Aging Ministry (NCBAM), brings awareness to the hunger crisis facing the aging 65 and over and connects churches with ways to help. Currently 4,400 aging adults statewide are on waiting lists for home-delivered meals. Budget cuts and a growing demand for services have profoundly impacted those at risk. **Consider two ways your church can help!**

- **1. MealShare** encourages churches who already serve congregational meals to prepare extra portions for frail-aging church members, or for those at risk in the community.
- **2. It's in the Bag!** encourages churches to distribute bags of shelf-stable groceries to aging adults in need. Food drives are fun and simple! All ages can be involved by decorating bags for holidays or seasons, filling the bags, or distributing them. Visit **www.ncbam.org/servinghope** for more ways your church can provide physical and spiritual food for aging adults in crisis.

Call **1-877-50-NCBAM** to be connected with an aging adult in need in your community.

I was hungry and you gave me something to eat.

- Matthew 25:35



North Carolina Baptist Aging Ministry

1.877.506.2226 **www.ncbam.org**A ministry of Baptist Children's Homes of North Carolina