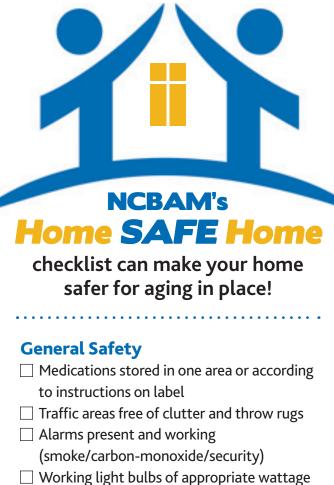
PRIORITY #1: PREVENTION



☐ Nightlights in bedroom, bathroom, hallway☐ Electrical cords near walls (not under rugs)

Living Room

☐ Chairs and sofas are easy to sit in and rise from

☐ Home safety plan in place

☐ Passageways are clear

Kitchen

- ☐ Stored items easily reached
- ☐ Grease or liquid spills wiped up at once

Bedroom ☐ Lamp or flashlight within reach of bed ☐ Sturdy chair available for dressing
Bathroom
☐ Rubber mats in tub or shower
☐ Grab bars near toilet and tub/shower
☐ Bathroom rug has non-skid backing
Stairways & Halls
Steps have non-skid strips or secure carpeting
☐ Sturdy handrails on both sides of stairs
☐ Adequate lighting
Outdoors
☐ Steps and walkways in good condition
☐ Sturdy handrails
☐ Adequate lighting

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☐ Shrubs do not hide view of street.

for more ways to age in place in the sweetest place!

